

# Vision benefits that benefit overall health

Vision benefits help keep employees' eyes healthy — but there's more to them than meets the eye. Good eye care can be a powerful way to prevent or diagnose overall health issues — like diabetes, hypertension, and more.<sup>1</sup>

Bay Bridge offers vision insurance benefits to help employees connect the dots between vision and overall health — and see the full value of the benefits you offer.



## More than meets the eye

Count on Bay Bridge and MetLife to help you deliver coverage with industry-leading standard features, such as:<sup>5</sup>

- Polycarbonate (shatter-resistant) lenses for children up to 18 years of age
- Ultraviolet coating covered in full
- Fixed copays for popular enhancements like polycarbonate lenses for adults; progressive and photochromic lenses; anti-reflective and scratch-resistant coatings; as well as contact lens fitting and evaluation
- Proactive diabetes program to help with early diagnosis and management

## Focus on savings and simplicity

Savings<sup>2</sup> are built in, so employees can save on total costs — including premiums and out-of-pocket costs — for eye exams, prescription glasses, sunglasses and contact lenses. And with flexible plans, convenient access, and a simple service experience, the value is clear.

- **Flexible.**
  - Choose from a wide range of plan designs, including \$0 copay options.
- **Convenient.**
  - Employees can choose from over 95,000 access points in our network, including private practice and retail center locations (e.g., For Eyes and America's Best).<sup>3</sup> And 94% offer extended hours — mornings, evenings, or weekends.<sup>3</sup>
- **Simple.**
  - There are no ID card or in-network claims forms needed.
  - Finding a provider, reviewing plan information and claims — and more — is easy with the MetLife mobile app.<sup>4</sup>

## MetLife & Bay Bridge: The value is clear

MetLife's expertise and customer-focused solutions combine with the Bay Bridge BeneBridge<sup>®</sup> benefit administration platform to make it easy to add competitive benefits that attract top talent and drive employee loyalty.

**Deliver protection — and savings — your employees will see.**

**Contact your Bay Bridge representative to request a quote.**





# PTSD FOUNDATION OF AMERICA

PROVIDING HOPE AND HEALING FOR THE UNSEEN WOUNDS OF WAR



OUR BRAVE MEN AND WOMEN IN UNIFORM UNDERSTAND DUTY, HONOR, AND SACRIFICE. MANY HAVE RETURNED HOME WITH BOTH THE VISIBLE SCARS, AND THE UNSEEN WOUNDS OF WAR.

TO GIVE BACK TO THOSE WHO HAVE GIVEN OF THEMSELVES SO SELFLESSLY IS AN

*Honor that we take to Heart.*

The PTSD Foundation of America & Camp Hope — Serving Combat Veterans on multiple levels in peer to peer mentoring, one-on-one outreach and National Warrior Groups.

For more information about the foundation, visit [www.ptsdusa.org](http://www.ptsdusa.org), or if you are a combat veteran who has been diagnosed with PTSD, call the Combat Trauma Line **877.717.7873**.

1. 7 Health Problems Eye Exams Can Detect - Your Sight Matters. (n.d.). Retrieved October 5, 2018, from <http://yoursightmatters.com/7-health-problems-eye-exams-can-detect>.
2. Actual savings by enrolling in the MetLife Vision Plan will depend on various factors, including plan premiums, number of visits by family members per year and the cost of services rendered. Be sure to review the Schedule of Benefits for your plan's specific benefits and other important details.
3. MetLife data as of March 2018.
4. To use the MetLife mobile app, employees can choose to register at [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits) from a computer or directly through the app.
5. All lens enhancements are available at participating private practices. Maximum copays and pricing are subject to change without notice. Please check with providers for details and copays applicable to your lens choice. Please contact your local Costco to confirm the availability of lens enhancements and pricing prior to receiving services. Additional discounts may not be available in certain states.

[metlife.com](http://metlife.com)

Availability of products and features are based on MetLife's guidelines, group size, underwriting and state requirements.

Like most life insurance policies, MetLife Group Life insurance policies contain certain exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact your MetLife representative for complete details.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Certain claim and network administration services are provided through Vision Service Plan (VSP), Rancho Cordova, CA. VSP is not affiliated with Metropolitan Life Insurance Company or its affiliates.

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